

Physician Connection



Published for the Physicians at Hurley Medical Center.



Laura Carravallah, MD 2010 Pinnacle Award Recipient Primary Care Physician - Internal Medicine/Pediatrics

"...the secret of the care of the patient is in caring for the patient."

- Dr. Francis Peabody

Address to Harvard Medical Students, 1926

The Pinnacle Award is Hurley's highest honor accorded to its physicians. Congratulations to Drs. Laura Carravallah and Brian Nolan this year's recipients. Dr. Carravallah's ceremony will held on November 2, 2010 in Merliss Brown Auditorium at 11 am Dr. Nolan's ceremony is on January 6, 2011 at 11 am in Merliss Brown Auditorium.

College of Human Medicine (MSU-CHM) in East Lansing, Michigan. Dr. Carravallah finished her last two years of medical school at MSU-CHM's Flint campus, where she was elected to the Alpha Omega Alpha Honor Society, and entered the Combined Internal Medicine-Pediatrics residency program at Hurley Medical Center in 1989. She won the Outstanding Resident Teacher Award from the MSU-CHM medical students three years in a row and served as the President of the Hurley Housestaff Association during her last two years.

Upon completion of her residency in 1993, Dr. Carravallah made a decision to remain at Hurley because she believed that it is "a real place, taking care of real people with real needs." By the time she made her decision, Hurley already felt like home. Dr. Carravallah has been instrumental in furthering the education and personal development of many Residents that have come through the Hurley programs.

Dr. Carravallah is board certified in both Internal Medicine and Pediatrics. She

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Dr. Laura Carravallah was raised in Milford, Michigan. She graduated in 1989 from the Michigan State University –

October is Breast Cancer Awareness Month Hurley Offers Extended Mammogram Hours



Think Your Mammogram Can Wait? Think Again!

Breast cancer screening saves lives, so Hurley has made it easy by offering extended hours through October – early morning, evening and even Saturday appointments. We have also arranged to greet incoming patients at the door and offer free valet parking.

Please encourage your patients to get their mammograms this month. Schedule appointments by calling 810.262.9194.

CALENDAR:

PBS Series
"Remaking American Medicine"
Merliss Brown Auditorium

October 21, 2010
5:00 pm and 6:00 pm

October 27, 2010
11:00 am and 12 noon

October 28, 2010
5:00 pm and 6:00 pm

November 2, 2010
Pinnacle Award Ceremony
Dr. Laura Carravallah
11:00 am to 1:00 pm

November 3, 2010
Continuing Medical Education
The 2010 Terry Thomas
OB/GYN Update
8:00 am to 4:00 pm

November 6, 2010
Women's Event
"A Day Just For You"
9:00 am to 4:00 pm

November 9, 2010
Educational Dinner
Interventional Radiology
6:00 pm to 7:30 pm

November 10, 2010
Continuing Medical Education
Pediatric Update
8:00 am to 4:00 pm

To register for Continuing Medical Education activities, call 1.888.611.4HMC.

SAVE THE DATE

December 8, 2010
Annual Medical Staff Meeting
Flint Golf Club

Hurley Receives Outstanding Website Achievement Award

The Hurley Bariatric Center website has been awarded "Outstanding Website" recognition by the Web Marketing Association 2010



WebAwards in the Healthcare Provider category. The award is done through independent reviews with a very systematic assessment process.

The WebAward states: "Your site's recognition as "Outstanding" elevates it into an elite group. The Web Marketing Association is the producer of the WebAward Competition. Now in its 14th year, the WebAwards is the premier annual website award competition that names the best Web sites in 96 healthcare and other industries while setting the standard of excellence for all website development."

To visit the award-winning Hurley Bariatric Center website, go to: <http://bariatrics.hurleymc.com>

Dr. Christine Chew Honored for Work on Family Weight Loss Program

Pediatric obesity is an epidemic within Genesee County. In an effort to meet this need, Hurley Medical Center developed a trial family weight loss program. An interdisciplinary team met for months to design and develop this program, which began in the fall of 2009 and met for 12 evening sessions. Dr. Christine Chew was instrumental in the development and success of this trial. She provided the guidance not only to the staff but to the children and parents to help reach their goals and learn new behaviors to manage a healthy lifestyle. Dr. Chew gave her time and talents to this program willingly. On September 16, Dr. Michael Boucree presented Dr. Chew with a plaque "in recognition for her expertise and valuable contribution to the Family Weight Loss Program".



There is no other program of this caliber available within Genesee County for pediatric obesity. We appreciate Dr. Chew's dedication to this local and national public health challenge and applaud HMC's effort in its resolution. Dr. Chew is again providing us with her talents in the revised Family Weight Loss Program which began on 9/14/10.

Sincere thanks to Dr. Chew for her valuable contribution.

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serves as the Program Director of the Combined Internal Medicine/Pediatrics Residency Program at Hurley Medical Center. She is an Associate Professor in MSU-CHM's Departments of Pediatrics and Human Development and Medicine, and also serves as the Core Competency Clerkship Director for the Flint campus. Dr. Carravallah is a member of the faculty of the Primary Care Faculty Development Fellowship for MSU-CHM's Office of Medical Education Research and Development. She is a recipient of MSU-CHM's Outstanding Community Faculty Award.

Dr. Carravallah has served on the Education and Professional Development Committees of the Association of Program Directors in Internal Medicine (APDIM). She was a member of the Educational Policy, In-Training Exam and Clinical Skills Committees, and Co-Chair of the Medical Student Task Force of the American College of Physicians (ACP). As Chair of the Medical Education Committee of the American Society of Internal Medicine (ASIM), she assisted in the merger of the ACP and ASIM in the Local Merger Task Force. She is a Charter Member of the American Academy of Pediatrics' Section on Med/Peds.

Dr. Carravallah is active at the state level as a Co-Chair of the Advocacy Task Force, Michigan Chapter-ACP (MI-ACP); Delegate; and MI-ACP to MSMS House of Delegates; and District Representative, Governor's Council, MI-ACP (elected post), where she received a Governor's Award for her work with the MI-ACP. She has been a member of Board of Trustees, MSIM; Michigan Delegate, House of Delegates – Resident Section, ASIM; and, Founding Member, Associates Council, MI-ACP.

Dr. Carravallah currently serves on the Board of Directors for the Genesee County Medical Society.

She is happily married to Dr. Asif Ishaque (Geriatrics and Internal Medicine) and together they have one child, Danyal.

Dr. Carravallah enjoys reading good stories with strong character development and uses these to help reflect on life and practice. She feels that her legacy will be the graduates of the Hurley Residency Training Program, to which she has dedicated herself. Dr. Carravallah believes her special responsibility to Residents is to help them learn and understand patient welfare is always paramount.

Please join us in congratulating Dr. Carravallah on this wonderful achievement.

Medical Education & Research Website Launched



We are pleased to announce that Hurley's new Medical Education & Research web site has launched! The new site features a major content update in Graduate Medical Education, highlighted by video interviews with Program Directors and Residents. It is rich in information and simple to navigate, making it an effective tool for prospective and current medical students and residents.

"The newly renovated GME website is a win-win situation for the many medical students and residents that apply to, and become part of our residency programs. The new site is easy to utilize and is effortless for the countless people who request information from Hurley from around the world, on a daily basis. We are proud to launch this site and consider it a milestone for Hurley," says James Buterakos, MSA, Academic Officer at Hurley Medical Center.

Please visit Hurley Medical Education & Research at: <http://education.hurleymc.com>.

ED Construction Taking Shape

The new Paul F. Reinhart Emergency Trauma Center is really taking shape. Crews are working hard to complete the building enclosure (exterior shell) before winter. Roofing is being installed at this time. Once the roof is fully in place, the spray fireproofing of the structural steel and metal roof deck can be completed. Soon the structure will see the installation of the brick and stone masonry. Finally, the aluminum curtain wall and new glass will be complete by the middle of November.



Due to the ED expansion and construction, Medical Records and the Outpatient Lab have been relocated. Medical Records is now located in the basement. Outpatient Laboratory has moved to 1 North. Laboratory outpatients should be directed to the 1 North corridor. This is where the reception/waiting room is located, opposite the entrance to the Hamady Health Sciences Library.

Patient and Family-Centered Care Update

October is Patient and Family-Centered Care (PFCC) Awareness Month

HMC will celebrate by recognizing some of the efforts that have begun to move the medical center in the direction of PFCC. The PFCC Steering Committee has completed the revision of the hospital visitation policy and it has now been submitted for approval. The PFCC Councils for 7E and Peds/PICU have now had their first meetings and are working on processes for physician/nurse/patient/family bedside rounds. Many physician groups are receiving on going education and have been very receptive to the changes that are to come. Most importantly, the PFCC Partnership Council will complete their training during the month of October and will be ready to begin working with representatives of Hurley employees to help improve our processes. During the month of November, 22 individuals will attend the Institute for Patient and Family-Centered Care's intensive training seminar, seven of whom are Hurley patient and family partners.

The PFCC Steering Committee and Partnership Councils will present the revised Hurley Vision Statement and Hurley Family Values and the new Hurley PFCC Philosophy of Care Statement. There will also be screenings of the first of the four-part PBS series Remaking American Medicine. These screenings will be presented in late October in the auditorium on all three shifts (see calendar). All Hurley physicians are welcome and encouraged to attend. The first in the series is approximately 55 minutes long and introduces the patient safety crisis that exists in American healthcare today. The majority of the program tells the story of Josie King, a child victim of medical error, and how hospitals are addressing safety issues to prevent the tragedy of needless patient deaths due to medical errors. Details regarding all of the above activities will be communicated throughout the medical center, so please watch for more information, and join us to celebrate what will be a long and positive journey. If you have any questions, please call Karen Lantzy at 262.4982.

Reminder/Save the Date

Annual Medical Staff Meeting
December 8, 2010
Flint Golf Club

Epic UPDATE

November will be a milestone for Hurley Medical Center. We are planning on bringing up our first ambulatory clinic, SportsCare at the Hurley Health and Fitness Center. Our next group of clinics will be a larger group of five additional therapy clinics in mid-January. We will then begin bringing live groups of clinics about every eight weeks. Please keep watching this space for additional information on our rollout schedule, including physician offices.

Please Join Us For An Educational Dinner

Interventional Radiology:
A Clinical Perspective

Presenter:
P.C. Shetty, MD, FSIR
Interventional Radiologist

Tuesday, November 9, 2010
6:00 pm to 7:30 pm

The Durant Hotel Ballroom
607 E. Second Street, Flint, MI 48502

Free parking in secure attached parking ramp.
Please register by Monday, November 1 at
1.888.611.4HMC.

All attendees will be registered for a drawing for
American Express cards.